

Method's News Corner

January 2020

What is the length of time a child should spend outside when the weather is extremely hot or cold?

The rules indicate that children should go outdoors daily, weather permitting. In a childcare center, there shall be outdoor time, weather permitting, either as part of a small group, a whole group, or individual activity, for no less than the following durations:

All Programs	Under 2 Years	30 Minutes
Less than 5 hours	0-12 years	30 minutes
5 hours or more	2-12 years	60 minutes

Classrooms serving NC Pre-K children must provide outdoor time for no less than 45 minutes per day, if weather conditions permit.

"If weather conditions permit" means:

- (a) temperatures that fall within NC guidelines and specified on the Child Care Weather Watch chart. These guidelines shall be used when determining appropriate weather conditions for taking children outside for outdoor learning activities and playtime. This chart may be downloaded free of charge from <http://idph.iowa.gov/Portals/1/Files/HCCI/weatherwatch.pdf>;
- (b) following the air quality standards as set out in NC Administrative code, 15A NCAC 18A .2832(d). The NC Air Quality Color Guide can be found on the Division's web site at <https://xapps.ncdenr.org/eq/ForecastCenter> or call 1-888-RU4NCAIR (1-888-784-6224); and
- (c) no active precipitation. NC Caregivers may choose to go outdoors when there is active precipitation if children have appropriate clothing such as rain boots and raincoats, or if they are under a covered area. Many parents request that their child stay indoors when they have an ear infection or other illness, however medical personnel indicate that being outdoors does not make a child sick, and in some ways, can be better for them. Air inside can be stagnant and full of germs while the outside air gives children an opportunity for fresh air.

Reference Website:

<https://ncchildcare.ncdhhs.gov/Services/Licensing/Licensing-Requirements-FAQ>

Hours of Operation-

Monday - Friday

6:30am-6:00pm

(Drop time ends at 9:30 am and late pick-up is \$1 per minute.)

Birthday's This Month

Delani Jan. 1st

Maxwell- Jan.9th

Staff-

Mrs. Pam- Jan. 25th

Mrs. Marie- Jan. 29th



Important Day in January:

Jan. 1 - Closed for
New Years

Jan. 20 - Closed for
Martin Luther King Day

Curriculum Theme of the Month

Winter

Week 1: Winter Season/New Years

Week 2: Bears & Penguins

Week 3: Alaska & Eskimos

Week 4: Nursery Rhymes & Fairy Tales

Creative Curriculum

(Lesson plans are posted in room)

Staff

Director: Ms. Natalie

Asst. Director: Mrs. Marie

Program Coordinator - Mrs. Arlene

Lambs- Mrs. Pamela & Ms. Regina

Koalas- Miss Yolanda & Miss. Shanya

Cheetahs- Ms. Tajuanna & Ms. Maria

Lion- Mrs. Yssa

Tiger- Ms. Tonya

NCPREK- Miss. Gorsha & Mrs. Tasha

Our mission at Method Child Development Center is to support a diverse community of families by wrapping our arms around each child's social, educational, and emotional needs within a safe, nurturing and affordable environment.